

LECTURE GUIDES

to accompany

Exploring PSYCHOLOGY

NINTH EDITION

David G. Myers

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Lecture Guides

to accompany

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Preface

These Lecture Guides may be of help, especially to those of you who are using this edition of Myers: *Exploring Psychology* for the first time. They feature a brief preview and a detailed guide—organized by the text objectives—to what is covered in each chapter of the textbook. The objectives in the guide correspond to the objectives in the Study Guide and the Test Bank and to the learning objective questions in the text. Under each major heading, you will find reminders of the relevant materials in the Instructor’s Resources that you might want to use during your lectures.

We have combined all the videos from the Video Tool Kits; Digital Media Archive, 1/e and 2/e; Scientific American Frontiers Teaching Modules, 3/e; and a few videos from Psychology: The Human Experience into one Worth Video Anthology. The videos are listed on the following pages, along with their original sources and their running times. They are organized according to text chapter and topics within that chapter.

As noted in the Instructor’s Resources, Handout 1* at the end of this Preface is a Fact or Falsehood? questionnaire, which is intended to promote interest in the topic and also to stimulate critical thinking. It includes one item for each chapter in *Exploring Psychology*, Ninth Edition. This exercise thus provides a good introduction to the course and to the range of topics addressed by psychologists. (You might have students complete it again on the last day of class!) The Fact or Falsehood? exercises also serve to demonstrate how we all make assumptions about behavior on the basis of our own personal experiences. Sometimes we are right, but often psychology’s findings challenge common sense.

These guides are also available in Word format on the Instructor’s Resources CD-ROM and on the book’s website at www.worthpublishers.com/myers. Using this word-processing program you can tailor these materials to your specific needs, adding your own notes. If you have suggestions for improving these guides, please let Worth know.

*The answers to Handout 1 are as follows: 1. F 2. T 3. F 4. F 5. F 6. F 7. F 8. F 9. F 10. F 11. F 12. F 13. F 14. F 15. F

Worth Video Anthology for Introductory Psychology

CHAPTER 1: THINKING CRITICALLY WITH PSYCHOLOGICAL SCIENCE

The History of Psychology

Worth Introductory Psychology Videos: The History of Psychology

Psychology Video Tool Kit: Why Do People Help? Explaining Behavior (also applies to Contemporary Psychology)

Psychology Video Tool Kit: Postpartum Depression: The Case of Andrea Yates (also applies to Introduction to Psychological Disorders)

Contemporary Psychology

Worth Introductory Psychology Videos: Industrial-Organizational (I/O) Psychology: Psychology in the Workplace NEW

How Do Psychologists Ask and Answer Questions?

Worth Introductory Psychology Videos: Research Methods

Worth Introductory Psychology Videos: Correlation and Causation

Psychology Video Tool Kit: Brain Transplants in Parkinson's Patients (11:09) (also applies to The Brain)

Psychology Video Tool Kit: Experimental Design (7:24)

Psychology Video Tool Kit: Does Self-Confidence Intimidate Others? (3:25) (also applies to Contemporary Psychology)

Psychology Video Tool Kit: Schachter's Affiliation Experiment (6:12) (also applies to Contemporary Psychology and Social Influence)

Ethics and Values in Psychology

Psychology Video Tool Kit: Ethics in Animal Research: The Sad Case of Booe the Chimp (5:00)

Psychology Video Tool Kit: Death of a Subject: The Ethics of Mental Health Research (4:00)

Psychology Video Tool Kit: Ethics in Human Research: Violating One's Privacy (7:00) (also applies to Introducing Nature, Nurture, and Human Diversity)

CHAPTER 2: THE BIOLOGY OF BEHAVIOR

Neural Systems

Worth Introductory Psychology Videos: The Neuron: Basic Units of Communication

Neural Communication

Psychology Video Tool Kit: Neural Communication: Impulse Transmission Across the Synapse (1:45)

Digital Media Archive, 1st ed.: Neural Communication (0:35)

Neurotransmitters and Drugs

Psychology Video Tool Kit: Chemically Induced Hallucinations: Studies of Anesthetic Drugs (3:40)

Psychology Video Tool Kit: Parkinson's Disease: A Case Study (4:10)

Psychology Video Tool Kit: Treating Parkinson's Disease: Deep Brain Electrode Implantation (5:25)

Psychology Video Tool Kit: The Runner's High (3:00)

The Nervous System

Worth Introductory Psychology Videos: The Central Nervous System: Spotlight on the Brain

The Brain

Psychology Video Tool Kit: Understanding Neuroscience Methods: ERP (2:30)

Psychology Video Tool Kit: Compulsive Gambling and the Brain's Pleasure Center (5:20)

Psychology Video Tool Kit: Rewiring the Brain (3:00)

- Psychology Video Tool Kit: The Split Brain: Lessons on Cognition and the Cerebral Hemispheres (3:50)
Psychology Video Tool Kit: Language and Brain Plasticity (4:00)
Psychology Video Tool Kit: Mapping the Brain Through Electrical Stimulation (2:40)
Psychology Video Tool Kit: Planning, Life Goals, and the Frontal Lobe (6:20)
Psychology Video Tool Kit: The Split Brain: Lessons on Language, Vision, and Free Will (6:50)
Scientific American Frontiers Teaching Modules, 3rd ed.: Achieving Hemispheric Balance: Improving Sports Performance (5:19)
Scientific American Frontiers Teaching Modules, 3rd ed.: Brain and Behavior: Phineas Gage Revisited (5:33)
Scientific American Frontiers Teaching Modules, 3rd ed.: Brain Plasticity: Rewiring the Visual Cortex (6:53)
Scientific American Frontiers Teaching Modules, 3rd ed.: Neuroimaging: Assessing What's Cool (6:36)
Digital Media Archive, 2nd ed.: Activity, Exercise, and the Brain (5:01)
Digital Media Archive, 2nd ed.: The Brain's Reward Center (4:52) (also applies to Drugs and Consciousness)
Digital Media Archive, 1st ed.: Brain Imaging (0:26)
Digital Media Archive, 1st ed.: Brain Structures (0:44)
Digital Media Archive, 1st ed.: Self-Stimulation in Rats (0:45) (also applies to Motivational Concepts)

CHAPTER 3: CONSCIOUSNESS AND THE TWO-TRACK MIND

Brain States and Consciousness

Worth Introductory Psychology Videos: Attention

- Psychology Video Tool Kit: Automatic Skills: Disrupting a Pilot's Performance (4:00)
Psychology Video Tool Kit: "Blindsight": Seeing Without Awareness (4:00)
Psychology Video Tool Kit: Visual Attention: Piecing Things Together (4:00)
Psychology Video Tool Kit: Visual Attention: There's a Gorilla on the Court (3:10)
Scientific American Frontiers Teaching Modules, 3rd ed.: Hidden Prejudice: The Implicit Association Test (6:10)
Digital Media Archive, 2nd ed.: Consciousness and Artificial Intelligence (4:58)
Digital Media Archive, 1st ed.: Neisser's Selective Attention Test (0:48)

Sleep and Dreams

- Worth Introductory Psychology Videos: Sleep: Why We Sleep
Psychology Video Tool Kit: Circadian Rhythms (3:58)
Psychology Video Tool Kit: The Effects of Sleep Deprivation: Three Brave Souls (6:00)
Psychology Video Tool Kit: Sleep Terror Disorder (4:20)
Psychology Video Tool Kit: Sleep and Sleeplessness (5:45)
Digital Media Archive, 2nd ed.: Narcoleptic Dogs (1:18)

Hypnosis

- Psychology Video Tool Kit: Hypnosis: Medical and Psychological Applications (5:40)
Psychology Video Tool Kit: Hypnosis: An Altered Mental State? (4:00)

Drugs and Consciousness

- Psychology Video Tool Kit: Experimenting With Alcohol and Drugs (2:49)
Psychology Video Tool Kit: The Medical Use of Marijuana (3:00)
Psychology Video Tool Kit: The Nature and Abuse of Ecstasy (MDMA) (2:50)

CHAPTER 4: DEVELOPING THROUGH THE LIFE SPAN*Developmental Issues*

Psychology Video Tool Kit: 100-Years-Old and Counting: Psychological and Biological Factors (6:30)

Psychology Video Tool Kit: Nature Versus Nurture: Growing Up Apart (1:48)

Psychology Video Tool Kit: The Nature-Nurture Issue (5:05)

Prenatal Development and the Newborn

Worth Introductory Psychology Videos: Prenatal Development

Psychology Video Tool Kit: Prenatal Animation (2:25)

Digital Media Archive, 2nd ed.: Prenatal Brain Development: From Conception to Birth (5:29)

Digital Media Archive, 1st ed.: Testing Competency in the Newborn (1:05)

Digital Media Archive, 1st ed.: Reflexes in the Newborn (2:37)

Infancy and Childhood

Worth Introductory Psychology Videos: Cognitive Development

Piaget's Conservation Experiments

Psychology Video Tool Kit: Morelli's Strange-Situation Test (3:12)

Psychology Video Tool Kit: Today's Overscheduled Children (5:50)

Psychology Video Tool Kit: Theory of Mind: Taking the Perspective of Others (1:40)

Psychology Video Tool Kit: The Two Faces of Autism (4:20)

Scientific American Frontiers Teaching Modules, 3rd ed.: Childhood Disorder: Understanding Autism (7:18)

Scientific American Frontiers Teaching Modules, 3rd ed.: Cognitive Development: Overcoming Attentional Inertia (6:21)

Digital Media Archive, 2nd ed.: The Scale Errors (1:35)

Digital Media Archive, 2nd ed.: The Strange Situation and Attachment, Clips A-C (12:21, total)

Digital Media Archive, 1st ed.: Body Part Counting System (1:54)

Digital Media Archive, 1st ed.: Erikson's Stages of Psychosocial Development—Trust Versus Mistrust (0:58)

Digital Media Archive, 1st ed.: Harlow's Studies on Dependency in Monkeys (6:12)

Digital Media Archive, 1st ed.: Object Permanence (1:10)

Digital Media Archive, 1st ed.: Stranger Anxiety (1:21)

Adolescence

Psychology Video Tool Kit: Echo Boomers: Understanding Today's College Students (5:20)

Psychology Video Tool Kit: Teen Boys: Emerging Sexuality (2:05)

Psychology Video Tool Kit: Teen Girls: Emerging Sexuality (2:15)

Psychology Video Tool Kit: Do Adolescents Lack Empathy? (3:20)

Scientific American Frontiers Teaching Modules, 3rd ed.: Moral Thinking and Emotion: A Challenging Dilemma (5:35)

Digital Media Archive, 2nd ed.: Moral Development: The Heinz Dilemma, Clips A–H (13:18, total)

Adulthood

Psychology Video Tool Kit: Alzheimer's Family Case Study, Clips A and B (2:32, total)

Psychology Video Tool Kit: Alzheimer's Disease (8:40)

Psychology Video Tool Kit: Healthy Aging: The Power of Positive Thinking (7:35)

Psychology Video Tool Kit: Old Age: Thinking and Moving at the Same Time (2:40)

Scientific American Frontiers Teaching Modules, 3rd ed.: Aging and Memory: Studying Alzheimer's Disease (6:53) (also applies to Memory Storage)

Digital Media Archive, 2nd ed.: The Development of Tangles and Plaques in Alzheimer's Disease (1:20)

Digital Media Archive, 2nd ed.: Can the Immune System Be Used to Combat Alzheimer's Disease? (2:14)

CHAPTER 5: GENDER AND SEXUALITY

Gender Development

Worth Introductory Psychology Videos: Gender Development

Psychology Video Tool Kit: Are Today's Girls Academically Superior to Boys? (5:40)

Psychology Video Tool Kit: Sexual Identity Goes Awry (6:30)

Psychology Video Tool Kit: The Art of Listening: Males Versus Females (1:50)

Sexual Behavior

Psychology Video Tool Kit: Sexual Dysfunctions and Their Treatments (6:05)

Psychology Video Tool Kit: Love: The Mind-Body Connection (2:40)

Psychology Video Tool Kit: Evolutionary Psychology and Sex Differences (4:10)

Psychology Video Tool Kit: Openness to Casual Sex: A Study of Men Versus Women (3:25)

Sexual Orientation

Psychology Video Tool Kit: Sexual Orientation and Activity (3:17)

Psychology Video Tool Kit: Homosexuality and the Nature-Nurture Debate (8:00)

An Evolutionary Explanation of Human Sexuality

Worth Introductory Psychology Videos: Evolutionary Psychology

CHAPTER 6: SENSATION AND PERCEPTION

Basic Principles of Sensation and Perception

Psychology Video Tool Kit: The Man Who Cannot Recognize Faces (6:50)

Vision

Worth Introductory Psychology Videos: Vision: How We See

Psychology Video Tool Kit: Depth Cues (0:30)

Psychology Video Tool Kit: Müller-Lyer Illusion (0:20)

Psychology Video Tool Kit: Visual Information Processing: Elementary Concepts (9:11)

Psychology Video Tool Kit: Seeing the World Upside Down (7:00)

Digital Media Archive, 2nd ed.: A Variety of Visual Illusions, Clips A-H (6:16, total)

Digital Media Archive, 2nd ed.: The Visual Cliff, Clips A-C (3:43, total)

Hearing

Worth Introductory Psychology Videos: Hearing: From Vibration to Sound NEW

Touch and Pain

Psychology Video Tool Kit: Losing One's Touch: Living Without Proprioception (3:50)

Psychology Video Tool Kit: Coping With Pain (5:40)

Psychology Video Tool Kit: Pickpockets, Placebos, and Pain: The Role of Expectations (4:20)

Psychology Video Tool Kit: Phantom Limb Sensation (3:20)

Taste and Smell

Psychology Video Tool Kit: "Supertasters" (1:50)

Psychology Video Tool Kit: Synesthesia: The Man Who Tastes Words (6:45)

Psychology Video Tool Kit: The "Red Hot" Chili-Eating Contest: Sensitivity to Taste (4:35)

CHAPTER 7: LEARNING

Classical Conditioning

Worth Introductory Psychology Videos: Classical Conditioning: Pavlov and His Legacy

Psychology Video Tool Kit: Classical Conditioning and the Immune System: Combating Lupus (3:50)

Psychology Video Tool Kit: Overcoming Fear (2:15)

Psychology Video Tool Kit: Pavlov's Discovery of Classical Conditioning (3:08)
 Digital Media Archive, 1st ed.: Watson's Little Albert (0:50)

Operant Conditioning

Worth Introductory Psychology Videos: Operant Conditioning: Learned Behaviors
 Psychology Video Tool Kit: Thorndike's Puzzle Box (2:30)
 Digital Media Archive, 2nd ed.: The Research of Carolyn Rovee-Collier: Learning and Memory in
 Preverbal Infants (2:15)
 Digital Media Archive, 1st ed.: B. F. Skinner Interview (5:25)

Contrasting Classical and Operant Conditioning

Digital Media Archive, 1st ed.: Cognitive Maps (2:35)

Learning by Observation

Psychology Video Tool Kit: Do Video Games Teach People to Be Violent? (4:30)
 Digital Media Archive, 2nd ed.: Bandura on Social Learning With Clips From Original Experiment (2:49)
 Digital Media Archive, 1st ed.: Bandura's Bobo Doll Experiment (5:06)

CHAPTER 8: MEMORY

Studying Memory

Worth Introductory Psychology Videos: Models of Memory
 Psychology Video Tool Kit: Memory in Everyday Life (2:50)
 Psychology Video Tool Kit: An Amazing Memory (9:45)

Memory Storage

Psychology Video Tool Kit: Clive Wearing: Living Without Memory (9:00)
 Psychology Video Tool Kit: A Pill for Forgetting (8:00)
 Psychology Video Tool Kit: Living Without Memory (10:00)
 Scientific American Frontiers Teaching Modules, 3rd ed.: Aging and Memory: Studying Alzheimer's
 Disease (6:53)
 Scientific American Frontiers Teaching Modules, 3rd ed.: Enhancing Memory: The Role of Emotion (7:38)
 Scientific American Frontiers Teaching Modules, 3rd ed.: Memory Loss: A Case Study (7:28)

Retrieval: Getting Information Out

Worth Introductory Psychology Videos: Memory Retrieval
 Psychology Video Tool Kit: Retrieval: A Journey Into Memory (7:50)
 Digital Media Archive, 1st ed.: Aging and Memory (4:00)

Forgetting

Psychology Video Tool Kit: Creating False Memories: A Laboratory Study (4:45)

CHAPTER 9: THINKING, LANGUAGE, AND INTELLIGENCE

Do Other Species Share Our Cognitive Skills?

Psychology Video Tool Kit: How Intelligent Are Animals? (5:40)
 Psychology Video Tool Kit: Can Chimpanzees Plan Ahead? (2:10)
 Psychology Video Tool Kit: Problem Solving in Genus Corvus (Crows, Ravens, and Magpies) (1:30)

Language

Scientific American Frontiers Teaching Modules, 3rd ed.: Genes and Personality: Understanding Williams
 Syndrome (5:51) (also applies to Twin and Adoption Studies; Trait Theories)
 Digital Media Archive, 2nd ed.: Learning Language: Language Development in Infants and Toddlers, Clips
 A-I (7:11, total)

Digital Media Archive, 1st ed.: Chomsky's View of Language Development (1:23)

Digital Media Archive, 1st ed.: Gleason's Wug Test (1:08)

Do Other Species Have Language?

Psychology Video Tool Kit: Animal Language (3:14)

Psychology Video Tool Kit: Teaching Language to Chimpanzees (4:10)

Language Influences Thinking (and Vice Versa)

Psychology Video Tool Kit: Learning Through Visualization: A Gymnast Acquires New Skills (5:20)

What Is Intelligence?

Psychology Video Tool Kit: Savant Art Skills: In Autism and Dementia (5:55)

Psychology Video Tool Kit: Savant Music Skills (3:25)

Assessing Intelligence

Psychology Video Tool Kit: Pros and Cons of Intelligence Tests (6:29)

Psychology Video Tool Kit: Locking Away the "Feebleminded": A Shameful History (7:55)

Digital Media Archive, 2nd ed.: Psychologist Ellen Winner Discusses "Gifted Children" (3:55)

Genetic and Environmental Influences on Intelligence

Digital Media Archive, 2nd ed.: Hothouse Babies: Mother Tries to Teach Her Two-Year-Old Multiplication (1:52)

CHAPTER 10: MOTIVATION AND EMOTION

Introducing Motivation

Psychology Video Tool Kit: What Is Motivation? (4:08)

Hunger

Worth Introductory Psychology Videos: Hunger and Eating

Obesity and Weight Control

Psychology Video Tool Kit: Eating and Weight Gain: A Role for Fidgeting (3:35)

Psychology Video Tool Kit: Eating and Weight Gain: Genetic Engineering (3:05)

Emotions

Worth Introductory Psychology Videos: What Is Emotion?

Psychology Video Tool Kit: Emotion = Arousal Plus Interpretation (3:45)

Embodied Emotion

Psychology Video Tool Kit: The Development of Disgust (5:05)

Psychology Video Tool Kit: The Physiology of Emotions (3:04)

Psychology Video Tool Kit: Brain Fingerprinting: Memory, Recognition, and Lie Detection (5:00) (also applies to Storage: Retaining Information)

Expressed and Experienced Emotion

Psychology Video Tool Kit: Emotions and Facial Expression (3:30)

Digital Media Archive, 1st ed.: Ekman's Studies on Facial Expressions of Emotion (2:17)

Digital Media Archive, 1st ed.: Reading Nonverbal Communication (3:34)

CHAPTER 11: STRESS, HEALTH, AND HUMAN FLOURISHING

Stress and Health

Worth Introductory Psychology Videos: Stress

Psychology Video Tool Kit: What Is Stress? (4:17)
 Psychology Video Tool Kit: Fighting Cancer: Mobilizing the Immune System (6:35)
 Psychology Video Tool Kit: Measuring Stress While Running With the Bulls (4:20)
 Psychology Video Tool Kit: Stress and the Immune System: Caretakers and Risk (3:15)
 Psychology Video Tool Kit: The Stress Response (2:45)
 Psychology Video Tool Kit: Selye's Stress Response Studies (2:52)
 Digital Media Archive, 1st ed.: Stress on the Job (10:46)
 Psychology Video Tool Kit: Rage: One Woman's Story and Treatment (8:10)
 Psychology Video Tool Kit: Rage: One Man's Story and Treatment (10:05)

Coping With and Reducing Stress

Psychology Video Tool Kit: Companionship and Support: Pets Fill the Void (4:35)
 Scientific American Frontiers Teaching Modules, 3rd ed.: Stress Management: The Relaxation Response (6:58)
 Scientific American Frontiers Teaching Modules, 3rd ed.: Experience and Exercise: Generating New Brain Cells (6:17)

Happiness

Psychology Video Tool Kit: Do Body Smells Reveal Fear and Happiness? (3:15)
 Psychology Video Tool Kit: The Search for Happiness (6:15)
 Psychology Video Tool Kit: A Happiness Trait? (2:00)

CHAPTER 12: PERSONALITY

Psychodynamic Theories

Worth Introductory Psychology Videos: Psychodynamic Theories of Personality
 Psychology Video Tool Kit: Repression: Reality or Myth? (12:40) (also applies to Forgetting)
 Psychology Video Tool Kit: Personality Structure: Id, Ego, and Superego (5:30)

Humanistic Theories

Psychology Video Tool Kit: Self-Image: Body Dissatisfaction Among Teenage Girls (3:20)

Trait Theories

Worth Introductory Psychology Videos: Trait Theories of Personality
 Psychology Video Tool Kit: Personality Traits (3:32)
 Psychology Video Tool Kit: Genes and Personality (8:10) (also applies to Twin and Adoption Studies)
 Psychology Video Tool Kit: A Happiness Trait? (2:00) (also applies to Experienced Emotion)
 Psychology Video Tool Kit: Personality and the Brain (5:30)

CHAPTER 13: SOCIAL PSYCHOLOGY

Social Thinking

Digital Media Archive, 2nd ed.: The Actor-Observer Difference in Attribution: Observe a Riot in Action (0:44)

Social Influence

Worth Introductory Psychology Videos: Social Influence
 Psychology Video Tool Kit: Liking and Imitation: The Sincerest Form of Flattery (2:20)
 Psychology Video Tool Kit: Obedience and Authority: A Laboratory Demonstration (6:05)
 Psychology Video Tool Kit: Schachter's Affiliation Experiment (6:12)
 Psychology Video Tool Kit: The Wisdom of Groups (7:23)
 Psychology Video Tool Kit: The Stanford Prison Experiment: The Power of the Situation (14:00)
 Psychology Video Tool Kit: Milgram's Obedience Studies (5:08)
 Digital Media Archive, 2nd ed.: Zimbardo's Stanford Prison Experiment (8:19)

Social Relations

Worth Introductory Psychology Videos: Prejudice

Psychology Video Tool Kit: Attitudes and Prejudicial Behavior (6:06)

Psychology Video Tool Kit: Interpersonal Attraction: Clothes Make the Man (4:20)

Psychology Video Tool Kit: Whom Do We Help? (3:36)

Psychology Video Tool Kit: Bystander Apathy: Failing to Help Others in Distress (4:25)

Psychology Video Tool Kit: Competition and Aggression: Testosterone at Work (3:20)

Psychology Video Tool Kit: Love: The Mind-Body Connection (also applies to Chapter 5) (2:40)

Scientific American Frontiers Teaching Modules, 3rd ed.: Hidden Prejudice: The Implicit Association Test (2:40)

Digital Media Archive, 2nd ed.: Being Gay: Coming Out in the 21st Century (6:10)

Digital Media Archive, 1st ed.: Takooshian's Psychology of Bystanders (1:33)

CHAPTER 14: PSYCHOLOGICAL DISORDERS

Introducing Psychological Disorders

Psychology Video Tool Kit: ADHD and the Family (6:10)

Digital Media Archive, 1st ed.: Gender Identity Disorder (4:05)

Anxiety Disorders

Worth Introductory Psychology Videos: Anxiety Disorders NEW

Psychology Video Tool Kit: Three Anxiety Disorders (4:08)

Psychology Video Tool Kit: PTSD: Returning from Iraq (8:05)

Psychology Video Tool Kit: Those Who Hoard (7:00)

Psychology Video Tool Kit: Fear, PTSD, and the Brain (4:00)

Psychology Video Tool Kit: Obsessive-Compulsive Disorder: A Young Mother's Struggle (7:15)

Psychology Video Tool Kit: Post-Traumatic Stress Disorder: A Vietnam Combat Veteran (3:55)

Psychology Video Tool Kit: Experiencing Anxiety (1:14)

Mood Disorders

Psychology Video Tool Kit: Suicide: Case of the "3-Star" Chef (4:40)

Psychology Video Tool Kit: Depression (8:35)

Digital Media Archive, 1st ed.: Mood Disorders (11:48)

Schizophrenia

Worth Introductory Psychology Videos: Schizophrenia NEW

Psychology Video Tool Kit: Schizophrenia: Symptoms (5:57)

Psychology Video Tool Kit: John Nash: "A Beautiful Mind" (4:50)

Digital Media Archive, 1st ed.: The Schizophrenic Brain (0:58)

Dissociative Disorders

Digital Media Archive, 1st ed.: Multiple Personality Disorder (8:52)

Eating Disorders

Psychology Video Tool Kit: Beyond Perfection: Female Body Dysmorphic Disorder (4:35)

Psychology Video Tool Kit: Purging Food (4:00)

Psychology Video Tool Kit: Self-Image: Body Dissatisfaction Among Teenage Girls (3:20)

Psychology Video Tool Kit: Overcoming Anorexia Nervosa (3:20)

Personality Disorders

Psychology Video Tool Kit: Trichotillomania: Pulling Out One's Hair (6:15)

Digital Media Archive, 1st ed.: The Mind of the Psychopath (7:17)

CHAPTER 15: THERAPY*Introducing Therapy*

Psychology Video Tool Kit: Problems in Living (2:51)

Psychology Video Tool Kit: Early Treatment of Mental Disorders (5:01)

Psychology Video Tool Kit: Outpatient Commitment: Forcing Persons into Mental Health Treatment (8:25)

Digital Media Archive, 1st ed.: Treatment of Drug Addiction

Psychological Therapies

Worth Introductory Psychology Videos: Psychodynamic and Humanistic Therapies

Worth Introductory Psychology Videos: Cognitive Therapies

Psychology Video Tool Kit: Mentally Ill Chemical Abusers: A Community Problem (5:20)

Psychology Video Tool Kit: When Treatment Leads to Execution: Mental Health and the Law (7:05)

Psychology Video Tool Kit: City of Gheel: Community Mental Health at Its Best (7:15)

Psychology Video Tool Kit: Dealing With Panic (4:50)

Psychology Video Tool Kit: Treating OCD: Exposure and Response Prevention (7:15)

Digital Media Archive, 2nd ed.: Therapy in the Real World: The Use of Real-Life Exposure to Treat Phobias (2:16)

The Biomedical Therapies

Digital Media Archive, 2nd ed.: A Case Study in Schizophrenia (9:25)

Digital Media Archive, 2nd ed.: The Therapeutic Effect of Antipsychotic Drugs (2:20)

Digital Media Archive, 2nd ed.: Undesired Effects of Conventional Antipsychotic Drugs (1:00)

Digital Media Archive, 1st ed.: Electroconvulsive Therapy (5:11)

Digital Media Archive, 1st ed.: Schizophrenia (5:15)

HANDOUT 1

Fact or Falsehood?

- T F** 1. To be useful, laboratory experiments in psychology must re-create the behaviors of everyday life.
- T F** 2. The human brain produces its own natural opiates that ease pain and elevate mood.
- T F** 3. Some people dream every night; others seldom dream.
- T F** 4. The sequence of motor development in infancy varies by culture and by era.
- T F** 5. Homosexuality often involves a fear of the other sex that leads people to direct their sexual desires toward members of their own sex.
- T F** 6. Psychological research clearly indicates that some people do have ESP.
- T F** 7. The greater the reward promised for performing an activity, the more one will come to enjoy the activity.
- T F** 8. The amount of information that can be stored in human memory is limited.
- T F** 9. Heredity, not environment, determines one's score on an intelligence test.
- T F** 10. If you are truly innocent of committing a crime, you have nothing to fear from taking a lie-detector test.
- T F** 11. Stress always has a negative effect on our well-being.
- T F** 12. Most of us suffer from unrealistically low self-esteem.
- T F** 13. Most people would refuse to obey an authority who told them to hurt an innocent person.
- T F** 14. The most common form of schizophrenia is the split personality, in which a person possesses two or more separate identities.
- T F** 15. Without professional help, people who suffer psychological disorders inevitably get worse.